



# Therapeutic Arts Program

## For children 4 years old to adolescence with Autism and Asperger's Syndrome

The Therapeutic Arts Program (TAP) offers children a time to recharge and have fun with the arts in a creative, stimulating, and healing environment. TAP is an exceptional forum for children to learn social skills and connect with the arts. We help children process and express their feelings and build friendships. There is a high staff to client ratio in small groups. Children can attend on a drop-in basis or enroll for half or full days.

Children will be organized into small groups; 6 maximum. There will be 4:1 ratio of children to staff. For 1:1 needs, special arrangements can be made. Please inform us if the client has additional individual needs.

All programs are expected to run for approximately 45 mins. Until the start of the next program, children may have a snack; enjoy free play and weather permitting, go outside to our playground.

### Saturday Schedule (September-June)

#### Children ages 6 years to adolescence:

- 10:30 Visual Arts
- 11:30 Cooking/Craft  
Photography/Horticulture  
(rotating schedule)
- 12:30 Lunch/Free Play
- 1:30 Storytelling/Drama/Puppets
- 2:30 Movement/Dance/Music
- 3:30 Yoga
- 4:30 Track and Field**



#### Children Ages 4 to 5 years

12:30-3:30 Kinder-Social Arts: theme activities in art, crafts, music, movement, horticulture and yoga in a shorter, playful format.

### Summer TAP (July and August)

#### Saturdays 9:30am - 12:30pm

#### Children ages 6 years to adolescence:

- 9:30 Yoga
- 10:30 Visual Arts
- 11:30 Craft/Photography/Horticulture  
Storytelling/Drama/Puppets  
Movement/Dance/Music  
(rotating schedule)

#### Children Ages 4 to 5 years

9:30-12:00 Kinder-Social Arts: theme activities in art, crafts, music, movement, horticulture and yoga in a shorter, playful format.

### Wednesdays 5pm - 8pm (Parent's Nights Out)

#### Children ages 6 years to adolescence:

- 5:00 Cooking (we make our dinner)
- 6:00 Art
- 7:00 Movement/Dance/Music/Yoga

\*Programs may be subject to change without notice.



### TAP Summer Adventures

Every **Tuesday** of the vacation months children will go on day trips in a small group to explore community looking for creative opportunities to connect to arts, nature and sports. We plan to visit Jack Darling Park & Marsh in Clarkson, Mississauga City Hall/Living Arts Center/Square One Market, Lake Promenade Park, Salt Cave, and Ice Creamery. For each trip, the parents will bring and pick up kids at agreed location.

The space is limited please contact us for more information.



### Registration

Eight consecutive week sessions (any hour):

#### Saturday Sessions:

- \$160 for 8 - 1hr sessions
- \$480 for 8 - 4hr sessions

#### Kinder-Social Arts Program:

\$500 for 8 - 3hr Sessions or drop-in \$35/hr.

#### Summer Sessions:

\$350 for 6 - 3hr Sessions or drop-in \$35/hr.

#### Day Trips:

Full day option \$120 for trip or \$400 for 4 trips.  
Half day \$60 or \$200 for 4 trips.

#### Early Summer Registration Special:

\$300 for 6 - 3hr Sessions (before June 11, 2011)

\$50.00 registration fee applies to new clients of Kids Can.

#### We are covered by Special Services At Home (SSAH) funding.

Receipts will be provided at the intake interview.

### Testimonials

*"Eric (my son) always brightens when he comes to this Program; his face is full of smiles..."*

Michael

*"Mark looks forward the whole week to coming on Sunday afternoons to the Arts Program..."*

Tina

*"I am proud of Kevin for doing yoga and that he tried to regulate his movement with the instructor's..."*

Lily

*"What a nice break on Sunday afternoon to rest and do some cooking for the week."*

Two happy moms



**Margaret Guzowski, D.T.A.T.I.**, Director of Therapeutic Arts Program, is an Art Therapist with over 10-years experience. She worked in psychiatry, children centers, hospitals, and family therapy clinics. In addition Margaret is a Yoga and Meditation teacher. She specializes in working with children and helping in interpersonal relationships. She is passionate in assisting others in reclaiming their innate wholesomeness.

TAP team is fully trained by Margaret; they share the passion for Children and Arts. Their professional backgrounds are in Childhood Education and Humanities.

For more information and registration please contact:

#### Margaret Guzowski

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Email: [margaretguzowski@hotmail.com](mailto:margaretguzowski@hotmail.com)

Website:

<http://margaretguzowskitherapy.blogspot.com>

or

**Katryne Cunanan, Program Coordinator**

Phone: **647-985-1261**

Email: [kae\\_c13@yahoo.com](mailto:kae_c13@yahoo.com)

Address:

**155 Queen St. East, Port Credit  
Mississauga, ON, L5G 1N2  
(Located at the Kids Can Centre)**

