

September - June Program Schedule

Mon	4:30 - 6:00 pm	Girls' Social Club	6 - 10 yrs
	3:30 - 6:00 pm	Individual Support Programs	3 - 14 yrs
	6:00 -7:00 pm	Social Sports Jr.	4 - 6 yrs
	7:00 - 8:00 pm	Social Sports Sr.	7 - 12 yrs
Tues	3:30 -6:00pm	Individual Support Programs	3 - 14 yrs
	4:30 - 6:00 pm	Kids CAN Club	6 - 10 yrs
Wed	4:30 - 6:00 pm	Individual Support Programs	3 - 14 yrs
	4:30 - 6:00 pm	Teen Program	11 -14 yrs
	6:00 -7:00pm	Social Sports Jr.	4 - 6 yrs
	7:00 - 8:00 pm	Social Sports Sr.	7 - 12 yrs
Thurs	3:30 - 6:00 pm	Individual Support Programs	3 - 14 yrs
	4:30 - 6:00 pm	Kids CAN Club	6 - 10 yrs
Fri	3:30 -6:00 pm	Individual Support Programs	3 - 14 yrs
Sat	9:30am - 10:30am	Yoga & Art Therapy	6 - 12 yrs
	11: 00am - 5:00pm	Karate Classes	4 - 14 yrs

www.kidscancentre.com



Contact us for information about our
March Break & Summer Camp Programs!



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Kids CAN Charity

Who we are

Kids CAN Charity is a not for profit organization that provides essential social and recreational programs for children with autism and other developmental disorders. Our programs include community field trips, social skills groups, individual support programs and March Break & Summer camp.

Through the practices of Natural Environment Teaching (NET), Verbal Behaviour and the DIR/ Floortime Model, children will gain a valuable and necessary social experience to aid them in healthy development.

The Importance of Social Skills

Through play and interaction with peers, a child develops many essential skills that can be applied to daily life. Listening, recognizing social cues and understanding emotions are skills that provide children with a solid foundation for building and forming meaningful relationships throughout their growing years.

Some of the social areas we focus on include:

- Emotional understanding
- Sharing & turn taking
- Following directions
- Co-operation
- Initiating play with a peer
- Listening and responding
- Conflict resolution and problem solving
- Community skills
- Appropriate non-verbal and verbal communication
- Self-esteem & bullying



Our Mission

The objective of Kids CAN Charity is to provide support and encouragement for children and youth with autism and other developmental disorders. Through fundraising initiatives, our goal is raise enough money to make the necessary programs accessible to more families by greatly reducing or eliminating fees. Kids CAN Charity hopes to spread feelings of relief, happiness and hope to all families and children in need of support.

www.kidscancentre.com

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Social Programs

Kids CAN Clubs:

These programs are designed to increase age appropriate socialization between peers. Each group meets once or twice a week to play exciting new games, share stories and discuss feelings. The Focus is on learning valuable social skills, making new friends, and HAVING FUN!

Girls Social Club:

Now girls have a social group of their own! The same social goals as our Kids CAN Clubs are included, with a special emphasis on the topics and activities that appeal to girls.

Teen Social Skills:

This program addresses adolescent social issues and provides an opportunity for teens to hang out and meet new friends.

Social Sports:

Focus is on the fundamentals of sports and active games in a fun, non-competative environment. Children will improve on their gross motor development, team building skills and ability to follow group instructions.

Yoga & Art Therapy:

Children will be guided through a relaxing yoga exercise to help increase their body awareness, attention and focus. Following the yoga instruction, participants engage in an art therapy session which focuses on self-expression and creativity!

Karate:

A great program to increase self-confidence, discipline and physical fitness. Participants will earn karate belts and have FUN!